

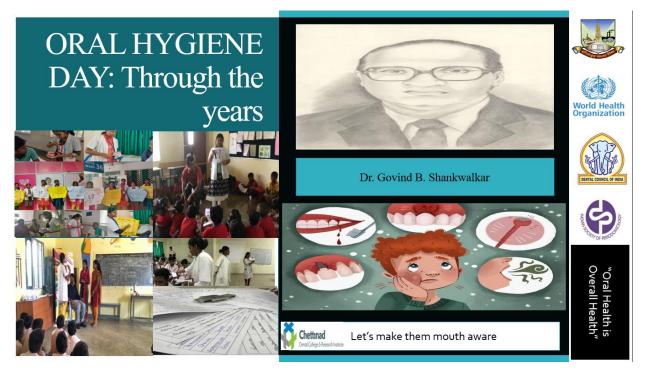
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

ORAL HYGIENE DAY 2020

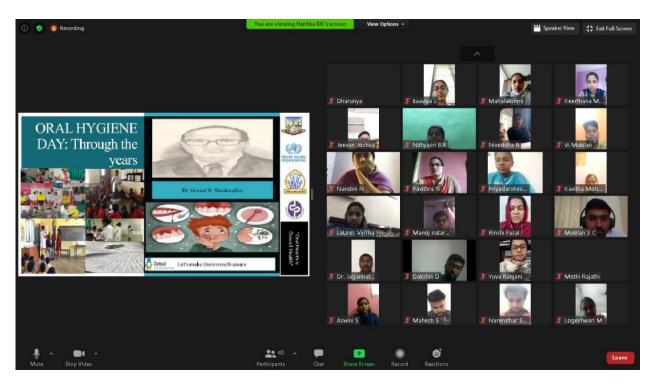
| DATE: 29.8.2020 | No. OF STUDENTS: 41 |
|--|--------------------------|
| FACULTY: Dr. Jagannatha, Dr. Nagaland, | ORGANISING AGENCY: CDCRI |
| Dr, Nagappan, Dr. Cyril Benedict | |

As we go ahead to celebrate the oral hygiene day, I wanted to appreciate the Oral Hygiene Day celebrations conducted by our seniors & hence the poster "Oral Hygiene Day: Through the years" was created. On this day, various camps, mass screening, oral awareness talks are done in multiple forums to connect with the public& provide them the right information.

The other half of the poster focused on why we celebrate Oral Hygiene Day. It is observed every year to commemorate the birth anniversary of Dr. G.B. Shanwalkar, the founder of Indian Society of Periodontology. Dr. G.B. Shanwalkar is the first post graduate teacher in a country to start MDS course in Periodontics at the University of Bombay. In 1970, he was the recipient of WHO travent grant award to visit various universities and research centers in USA & other countries. He was the past president of Dental council of India & Founder member & editor in Indian Academy of Dentistry among other credentials.







We have seen in the past years that our college has also tapped into the potential of mass media through radio, Instagram page etc. During this pandemic time it gains all the more importance to make the people mouth aware. As an extension of this, I was able to connect with 61 enthusiastic participants who took the oral hygiene awareness quiz via the google forms covering topics from toothbrush hygiene, smoking effects, trauma, gum problems & malocclusion.





| I Hygiene Awareness Ques | Questions Responses 🚯 | Total points: 9 | | |
|--------------------------|--|-----------------|--|--|
| | 0 1 2 3 4 5 6 7 8 9 Points scored | Total points: 9 | | |
| | Frequently missed questions | | | |
| | Question Correc | t responses | | |
| | 2. Which is the best way to consume sweets & chocolates with least risk of developing decay $? \end{tabular}$ | 0 / 69 | | |
| | 3. How often should you get your teeth cleaned from a dentist ? | 29 / 69 | | |
| | 4. You got a hit on your face with no visible damage to your tooth, but felt pain in the tooth region for a while". What will you do? | 26 / 69 | | |
| | 7. What is the correct age for treating abnormally arranged teeth? | 15 / 69 | | |
| | 9. How should you store the toothbrush ? | 0 / 69 | | |
| | 10. If you use a mouthwash , When should you use a mouthwash ? | 5/69 | | |
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This session was followed by two games named Outburst & Mouthwreck. In the both the games the students were split into 4 groups – Department interns, E-Block & PGs, Superspeciality interns, Final years.

In the Outburst game, each team were given a topic like school oral health programs, Fluoridation etc wherein the team representative told the words related to it in a minute. The teammates could help the representative in the chat box. The team which said the maximum words cumulatively in 3 rounds wins the game.

In the Mouthwreck game, each team were given a clinical situation like handling a down syndrome patient in dental clinic, handling visually challenged child. The one who saves the patient with appropriate patient handling intructions & saves the mouthwreck is the winner of the game.

Wipeout quiz was conducted wherein 10 questions were projected with subsequent difficulty levels for each team. When a team answers wrong, they leave the game at that question gaining points until the previous question. The team which answers maximum questions right wins the game.





We thank the Department of Public Health Dentistry, for giving us the opportunity to think creatively & conduct a completely virtual Oral Hygiene Day.

PARTICIPANTS LIST

| Participants (41) | | | | |
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| Dakshin D | X |
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| Dr. Jagannatha GV | X |
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